








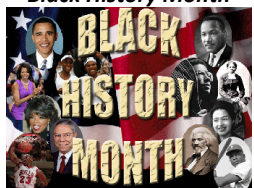



February

**BROOKLETTS PLACE
TALBOT SENIOR CENTER
400 BROOKLETTS AVENUE * EASTON, MD
410-822-2869**

FEBRUARY 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 11:00 Card Players 11:30 Lunch & Bingo @ The Golden Corral 12:00 Lunch 12:30 Mahjong	2 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch w/ DJ Steve & Showtime Entertainers "Mardi Gras 2016" 12:30 Pinochle 1:30 AARP Meeting  National Groundhog Day	3 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 9:30 FREE Prescription Drug Disposal 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch	4 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS National Thank A Mailman Day 	5 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class National Wear Red Day February is American Heart Month, which includes Wear Red Day. This day was established to promote awareness of heart disease.
8 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Women and Heart Disease Presentation 11:00 Card Players 12:00 Lunch w/Leah Weiss and Gary Wright-A Valentine Celebration 12:30 Mahjong RANDOM ACT OF KINDNESS WEEK 	9 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 FREE Valentines Craft w/ First Baptist Church 10:30 Contract Bridge 10:30 Cabin Fever Relievers 12:00 Lunch & Music w/ Laurie Toms & Company 12:30 Pinochle 	10 8:30 Comm. On Aging 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 11:00 Duplicate Bridge 12:00 Lunch	11 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Po-Ken-O 10:30 Edward Jones Seminar "Retirement - Making Your Money Last" 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 10:30 Po-Ken-O 11:00 Canasta 12:00 Lunch w/Monte Henry 5:00 TOPS	12 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class Happy Birthday Abraham Lincoln 
15  CLOSED PRESIDENT'S DAY	16 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:30 Contract Bridge 12:00 Lunch and Valentine's Day with Shelley Abbott 12:30 Pinochle	17 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Aquacare Physical Therapy Talks "Arthritis: How Aquatic Exercise Can Help" 10:00 Wii Bowling 11:00 Duplicate Bridge 12:00 Lunch	18 8:00 Enhance Fitness 9:00 Coffee Hour 9:30 Enhance Fitness 10:00 Intermediate Watercolor 10:30 Grocery Bingo 10:45 Balance: Fall Prevention 10:45 T'ai Chi @TCCC 11:00 Canasta 12:00 Lunch 5:00 TOPS	19 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 11:30 Toastmaster's 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class
22 9:00 Coffee Hour 11:00 Card Players 12:00 Lunch/Music w/TiShawna Nesbit 12:30 Mahjong Happy Birthday George Washington 	23 9:00 Coffee Hour 10:00 FREE Flowers for the Tables w/Diana 10:30 Cabin Fever Relievers 10:30 Contract Bridge 12:00 Lunch 12:30 Pinochle	24 9:00 Gentle Yoga 9:00 Line Dancing 9:00 Coffee Hour 9:00 Beginning Oil Painting 9:30 Yarn & Needle Group 10:00 Wii Bowling 10:00 Blood Pressure Screening 11:00 Duplicate Bridge 12:00 Lunch	25 9:00 Coffee Hour 10:00 Intermediate Watercolor 10:00 Elder Law Clinic 10:30 Po-Ken-O 11:00 Canasta 11:30 Dutch Lunch Out/Olive Garden 12:00 Lunch/University of MD Health Advantage 5:00 TOPS	26 9:00 Coffee Hour 9:00 Zumba Gold 10:00 Mahjong 10:30 Keyboard/Guitar Lessons 12:00 Poetry at Noon 1:00 Spanish Fun Conversation Class  CHOCOLATE LOVERS MONTH
29 9:00 Coffee Hour 11:00 Card Players 12:00 Lunch 12:30 Mahjong  HAPPY LEAP DAY SADIE HAWKINS' DAY	VISIT US ON OUR NEW WEBSITE: www.brooklettsplace.org VISIT US ON FACEBOOK AT BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER	Calendar of Events on the WEB: www.talbotcountymd.gov Community/Other Local Agencies/Senior Center & as a link on the Town of Easton's website www.town-eastonmd.com Community/Talbot Senior Center Also available on the Eastern Shore Senior Website: http://www.easternshorese-nior.com/content/talbotseniorcentercalendar	For closings due to inclement weather, please listen to the following: Channel 11 – WBAL Baltimore, T.V. Channel 13 – WJZ Baltimore, T.V. Channel 16 – WBOC Salisbury, Radio WCEI 96.7 FM, Facebook page Brookletts Place-Talbot County Senior Center or call the Center (410-822-2869) to check. If one of your classes is cancelled, for any reason, you should receive a call from the instructor.	FEBRUARY IS Black History Month  National Bird Feeding Month 

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER – FEBRUARY 2016

Visit our Facebook Page: *Brookletts Place – Talbot County Senior Center*

OUTINGS & EVENTS:

Mon., Feb. 1 - (11:15 a.m. – 1:15 p.m.) Join us for a buffet lunch (includes a drink and tax for \$11.74) followed by five (5) games of bingo at the *Golden Corral*. Prizes include Golden Corral favorites such as cookies, rolls, cake, etc. Grand prize will be a takeout entrée. If you don't want to play bingo, feel free to join us for lunch. Bus will leave the Center at 11:15 a.m. Advance sign-up required

Tues., Feb. 2 - (12:00 p.m. – 1:00 p.m.) Lunch w/DJ Steve Moody and The Showtime Entertainers presents *"Mardi Gras 2016"*. Please join us for this variety show directed by Maxine Wixom and Dee Jay Steve Moody. Entertainment will include singing and dancing. Advance sign-up for lunch is required or you may bring your own. WEAR YOUR PURPLE, GREEN AND GOLD!!!!

Mon., Feb. 8 – (12:15 p.m. – 1:15 p.m.) Leah Weiss and Gary Wright – A Valentine Celebration. *Seasoned and versatile performers, Leah and Gary play American roots music, drawing from the traditions of Appalachian old-time and country music: a rich blend of originals, reinvented traditional songs and driving fiddle tunes, and innovative contemporary covers, with tight harmony singing – plus a healthy dose of love songs for the occasion!* Made possible by the generous support of the Talbot County Arts Council, the Maryland State Arts Council, Mid-Shore Community Foundation MSCF, Dock Street Foundation, Brookletts Place and by individual contributions to the Carpe Diem Arts Outreach Fund c/o MSCF. Advance sign-up for lunch is required or you may bring your own.

Tue., Feb. 9 – (12:00 p.m. – 1:00 p.m.) *Musical performance by Laurie Toms & Company*, renditions will include R & B, Pop, Classic Rock and Country. Advance sign-up for lunch is required or you may bring your own.

Thurs., Feb. 11 (12:00 p.m. -1:00 p.m.) *Lunch with Monte C. Henry*. Join us as we welcome back Monte C. Henry of McDaniel for a musical performance. Mr. Henry is a baritone with a degree in music vocal performance from Frostburg State University. He began his music career at an early age with instrumental and piano training but after his freshman year he was advised to change his concentration to voice. He has participated in musical competitions; performed in light operas and musical productions. He also performed the National Anthem at Oriole Park Camden Yards. Monte currently serves as the minister of music for New St. John's U.M. Church in Wittman. He will be accompanied by Walter "Billy" Brown on keyboard. Advance sign-up for lunch is required or you may bring your own. *Also joining us will be "Guest Wait Staff"*.

Tues., Feb. 16 – (12:00 p.m.) *Lunch and Valentine's Day Music with Shelley Abbott*. Advance sign-up for lunch is required by Feb. 8th or you may bring your own.

Mon., Feb. 22 (12:00 p.m. – 1:00 p.m.) Lunch with Chesapeake Center Presenting: TiShawna Nesbit as she performs a mix of the 60's and 70's. Nesbit has played her keyboard and sang for many groups over the years to share her joy of music with others. Advance sign-up for lunch is required by Feb. 8th or you may bring your own.

Thurs. Feb 25 – (11:30 a.m. – 1:30 p.m.) *Dutch Lunch out to Olive Garden, Easton*. The bus will leave the Center at 11:15 a.m. Advance sign up is required by Tuesday, Feb 16.

UPCOMING TRIPS: All trips open to anyone 21 years of age or older. SORRY but no children or infants allowed. Refund policy is in effect for all trips.

For a complete list of 2016 Trips, please visit our website www.brooklettsplace.org or stop by the senior center and pick up a copy of our 2016 Travel Log.

May 5, 2016

Air Mobility Command Museum & Dover Downs Casino \$20.00 per person. The bus will leave Kohl's parking lot 8:00 a.m. We will travel to the Air Mobility Command Museum, an over 20,000 sq. ft. of inside aircraft display and exhibit space, plus an attached building of 6,400 sq. ft. that houses a theater, museum store, artifact storage, etc. Outside the hangar is Commemoration Park, a tranquil area dedicated to those who served so honorably, plus an airport featuring large airlifters. Then we travel to Dover Downs where everyone must have a legal, valid photo ID to sign up for a Capital Club Card; this will give you a \$2.00 discount at the Festival Buffet. **PAYMENT IN FULL IS DUE BY FRIDAY, MARCH 25, 2016**

May 18, 2016

Shorebirds Game \$25.00 per person includes transportation, admission to the game with a food voucher for hot dog, chips and drink. The bus will leave the Senior Center 8:30 a.m. to arrive at Perdue Stadium for a 10:30 a.m. game against West Virginia Power. **PAYMENT IN FULL IS DUE BY MONDAY, APRIL 18, 2016**

June 6 – 10, 2016

Asheville & The Biltmore, NC & Pigeon Forge, TN 5 Days/4 Nights, \$700 per person double occupancy/\$895 per person single occupancy: Package includes: 4 nights lodging, including overnights, 4 breakfasts, 4 Dinners, including Blue Ridge Mountain Opry/Buffer, Dixie Stampede Dinner Show & Soul of Motown Dinner Show, Biltmore Estate, Garden & Winery Tour, Smoky Mountain Opry, Admission to Dollywood, Titanic Museum, Ole Smoky Moonshine Distillery Tour & Tasting, souvenir gift, luggage handling, all taxes, all gratuities and motorcoach transportation. \$150.00 PER PERSON DEPOSIT IS DUE BY MONDAY, JANUARY 15, 2016. *(There is still time to sign-up for this trip)* **FINAL PAYMENT IS DUE BY FRIDAY, MARCH 18, 2016**

August 18-19, 2016

Sands Casino, Bethlehem, PA \$255.00 per person single rate, \$185.00 per person double rate, \$160.00 per person triple rate, \$150.00 per person quad rate. Trip will include overnight accommodations, One Buffet Voucher, One Continental Breakfast, \$40 Free Slot Play from Casino and one Discount Coupon Booklet to the Outlets at Sands. Also includes luggage handling (including gratuities), Motorcoach transportation (includes gratuities). The bus will leave Kohl's parking lot Thursday, August 18th at 7:00 a.m. with arrival at the Casino at 10:00 a.m. We will depart the Casino Friday, August 19th at 3:00 p.m. with anticipated arrival in Easton at 6:00 p.m. **DEPOSIT OF \$100.00 IS DUE BY MONDAY, MARCH 7, 2016 FINAL PAYMENT IS DUE BY MONDAY, JUNE 13, 2016**

October 2-9, 2016

Western Mediterranean Cruise 8 Days/7 Nights with Royal Caribbean Cruise Line on the Harmony of the Seas. Inside Cabin Category K – \$3,359 per person, Outside Cabin Category G \$3,664 per person, Balcony Cabin Category D6 - \$3,238 per person. \$350 initial deposit per person double occupancy or \$700 per person single occupancy is required by February 16, 2016 to secure reservations and assign cabins. FINAL payment due by June 17, 2016. Rates are per person, double occupancy, and include roundtrip transportation to and from the airport, roundtrip air fare from Baltimore, cruise, port charges, government fees, taxes and transfers to/from ship. ROYAL CARIBBEAN HAS ADVISED THAT ALL AIR PRICES ARE SUBJECT TO CHANGE AND ARE NOT GUARANTEED UNTIL FULL PAYMENT HAS BEEN RECEIVED. PASSPORT REQUIRED.

FREE PROGRAMS: Advance sign-up requested for most programs – PLEASE NOTE – IF YOU SIGN UP FOR ANY OF THE FREE PROGRAMS THAT HAVE SPACE LIMITATIONS AND ARE UNABLE TO ATTEND, PLEASE BE COURTEOUS AND CALL TO LET US KNOW BECAUSE SOMEONE ELSE CAN BE PUT IN YOUR SLOT. ADDITIONALLY IN SOME CASES A FEE MAY APPLY FOR NO SHOWS!!

- **Wed., Feb 3** – (9:30 a.m. – 1:30 p.m.) *Prescription Drug Disposal* - This is the perfect opportunity to get rid of all of your old medications at a secure site without polluting the water. This program is presented in partnership with the Miles River Sail & Power Squadron and the Talbot County Sheriff's Department and is open to anyone who wishes to safely dispose of expired prescription or over-the-counter medications. NO QUESTIONS ASKED! NO FORMS TO FILL OUT!
- **Mon. Feb. 8** - (10:00 a.m. – 11:00 a.m.) *Women and Heart Disease Presentation* with Sally M. Worm, RN, CCRP, Program Manager of Cardio Pulmonary Fitness and Wellness at University of Maryland Shore Regional Health. Sally will discuss facts about heart disease and educate regarding what symptoms and responses to medications and women-specific guidelines for prevention and treatment.
- **Tues., Feb 9** - (10:00 a.m. – 11:00 a.m.) *"Valentine's Day" Craft* - Compliments of First Baptist Church, taught by Liz Lynch, Bob Lynch, Joann Harris, & Judith Grobler. Limited to 20 participants – Advance sign-up is required
- **Tues., Feb. 9 & 23** – (10:30 a.m. – 11:30 a.m.) *Cabin Fever Relievers – Horticultural Lecture Series* with Mikaela Boley of Talbot County Master Gardeners, will feature a variety of topics to get you ready this spring, such as, Body-Wise Gardening, Edible Landscaping and more! Advance sign-up is required as space is limited.
- **Thurs., Feb. 11** (10:30 a.m. – 11:30 a.m.) *Edwards Jones Seminar with Tom Duncan "Retirement – Making Your Money Last"* During the presentation Tom Duncan will discuss strategies to help investors work toward fulfilling their retirement expectations, focusing on providing for their income needs today and in the future. Advance sign-up is required
- **Wed., Feb. 17** (10:00 a.m. – 11:00 a.m.) *"Arthritis: How Aquatic Exercise Can Help"* Whether you have been recently diagnosed or have been battling painful joints for years, you can learn to manage your arthritis and minimize the pain it can cause. Exercise is a vital component for arthritis self-management. Aquacare Physical Therapy will help you learn about arthritis and how beneficial water exercise can be! (You do not have to know how to swim to exercise in a pool)
- **Tues., Feb. 23** (10:00 a.m. – 11:00 a.m.) *"Flowers for the Table"* Learn simple flower arrangements with Diana. Advance sign up is required - limited space. PLEASE NO WALK-INS. Also note if you sign up for this class and do not notify us that you are unable to attend, you will be charged a \$5.00 fee.
- **Thurs. Feb 25** (12:00 p.m. – 1:00 p.m.) University of Maryland Health Advantage will present another topic in their Healthy Living Series.

SELF-PAY CLASSES: SPACE AVAILABLE IN ALL CLASSES

- Beginning Oil Painting – Every Wednesday (9:00 a.m. – 12:00 p.m.) Want to learn to paint in oils? Stop by Jane Bollman's beginner class on Wednesday mornings between 9 and 12 and learn more. The cost of the class is \$5 per hour, and there is no charge for materials for the first three lessons if you just want to give oil painting a try. Please contact Jane Bollman at 410-770-8611 for more information.
- Gentle Yoga with Cyndi Prudhomme - Every Wed. (8:45 a.m. – 9:45 a.m.) \$5.00 per class drop-in fee
- Intermediate Watercolor - Every Thursday (10:00 a.m. – 12:00 p.m.) \$60.00 per 6 week session. Diana Evans, Instructor
- Zumba Gold - Every Fri. (9:00 a.m. – 9:45 a.m.) Cyndi Prudhomme, Instructor - \$30.00 per session or \$5.00 per class drop in fee
- Keyboard /Guitar Lessons Every Friday (10:30 a.m. – 11:30 a.m.) \$5.00 per week taught by Quinn Parsley of Mike Elzey's Guitar Studio
- Spanish Fun Conversation Class - Every Friday (1:00 p.m. – 2:00 p.m.) \$5.00 per week taught by Roberto Padron

OTHER PROGRAMS:

- **Mahjong** – Every Monday 12:30 p.m. and Friday 10:00 a.m. in the Game Room: Beginners are welcome – 1st Friday of each month is designated as "New Players Day". Come and learn!
- **Contract Bridge** – Every Tuesday 10:30 a.m. in Exercise Room #2 - Free Instruction for Beginners with advance notice
- **Pinochle** – Every Tuesday 12:30 p.m. in the Game Room – Willing to teach Beginners at any time
- **Shore Line Dancing** – Every Tuesday 7:00 p.m. – 9:00 p.m. FEE Applies, 1st time free. For additional information please contact Joyce at 410-228-9200 or Garon at 410-820-7176
- **Yard & Needle Group** – Every Wednesday at 9:30 a.m.
- **Video (Wii) Bowling** - Every Wednesday at 10:00 a.m. in the TV Room. Come Join the Team!
- **Blood Pressure Screening** – 2nd & 4th Wednesday of each month at 10:00 a.m.
- **Canasta** – Every Thursday 11:00 a.m. in the Upstairs Lobby – *Currently for those who already know how to play.* Beginners instruction 1st Wednesday of each month from 12:00 p.m. – 3:00 p.m. – Advance notice requested for instruction
- **Elder Law Clinic** – Every 4th Thursday 10:00 a.m. – 1:00 p.m. BY APPOINTMENT ONLY Contact Mid-shore Pro-Bono at 410-690-8128
- **Poetry at Noon** – Every Friday in the Conference Room

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